**NO TECHNOLOGY DAY**

**Electricity Unit**

**Harkins Middle School**

 **Science, Grade 6 Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

How much to do you depend on electricity and technology throughout the day?

In the first column below, describe how you use electricity and technology during a typical day.

In the second column, describe how you were able to change your routine to participate in our **“No Technology Day”.**

|  |  |
| --- | --- |
| Typical DayDate:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | No Technology DayDate:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| 6-8am |  | 6-8am |  |
| 8-10am |  | 8-10am |  |
| 10-12noon |  | 10-12noon |  |
| 12-2pm |  | 12-2pm |  |
| 2-4pm |  | 2-4pm |  |
| 4-6pm |  | 4-6pm |  |
| 6-8pm |  | 6-8pm |  |
| 8-10pm |  | 8-10pm |  |