

BLUES NEWS MARCH 1, 2012

A huge Harkins "Welcome" to our two Colombian students:

Valentina Idrobo and
Valentina Caviedes

We always enjoy our International students and hope that your stay on the Miramichi will leave you with many new friendships and fond memories.

VALENTINE SPIRIT WEEK RESULTS

Students enjoyed a fun-filled week of activities during Spirit Week, February 7th to 10th.

Tuesday was "Wear a Heart Day"—students were asked to wear any kind of heart (stickers, paper, paint, etc.) Lunch Activity in the Gym—"Heart Beakers"

Wednesday was "Wear a Flower Day" - students were asked to wear any kind of flowers on clothing. Lunch Activity in the Gym—"Cherub Challenge"

Thursday was "PJ Bottom Day"—Students were allowed to wear appropriate pajama bottoms to school. Lunch Activity in the Art Room was "Guess the Couple"

Friday was "Red or Pink Day"—Students were asked to wear a full t-shirt or hoody in colors of red and/or pink. Lunch activity in the Gym was "Wings of Wonder"

Standings:	4th Place	3rd Place	2nd Place	1st Place
Grade 6	6B	6A	6I2	6I1
Grade 7		7L1	7C	7L2
Grade 8		8B	8C	8L

Special thanks to the Web Leaders who planned our events:
Spencer Daigle, Lyndsay Jay-Keating and Bethany Matchett

Thanks From All Of Us!

Harkins Middle School Teachers and Support Staff would like to thank all those thoughtful parents/guardians who brought in such delicious treats for us to enjoy during Teacher/Staff Appreciation Week from February 13th to 17th. We also understand that everyone is busy and can't always participate in these events. Special thanks to Maritime Beauty, Mike's Bar & Grill, DC Auto Care, Deals 4U, Westside Fitness, and Marlin Travel for providing the gifts for our draws.

We had a "yummy" week thanks to all of you!

Special Thanks to Mrs. Peggy Bass for once again coordinating this event.

Stars of the Month for February

Blue Team— Ethan Mahabir
Green Team— Oakley Genova
Orange Team—Katie Carruthers
Purple Team— David Norton
Red Team— Spencer Daigle
Yellow Team— Chantal Gauvin
Yellow Team (January Star) - Owen Witherell



YEARBOOK 2011-2012

Cost: \$20.00

Prepay to the following teachers:
Blue/Purple—Mrs. Malley—6B
Green—Mrs. Mutch—Room #302
Orange—Mrs. Savage—8A
Red—Ms. Beers—8E1

YEARBOOK DESIGN CONTEST Parents please encourage your child!

Students are encouraged to submit a cover design for the Yearbook. The design for 1st Place will not only appear on the cover of the Yearbook, the student will also receive \$25.00 and a free Yearbook valued at \$20.00!!
2nd Place will receive a free Yearbook!

Details on the contest will be given to students after March Break....so you can be thinking of your design and be ready to enter for a chance to win!

SNOW Phone Line - In the event of an early dismissal/storm day closure, for the most part, students travel home on the same bus they arrived at school on. Call the District Office for information on Storm Days at 778-SNOW (7669)

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Harkins Middle Web Address
hms.nbed.nb.ca

Would you like to receive school messages via email?

Send your email address to us at this address.

harkinsmessaging@nbed.nb.ca

Harkins Middle came away with the award for “Most Original” at the District 16 “So You Think You Can Dance” Competition held at MVHS. Congratulations to Kennedy Bell, Julia Bent, Laura Dickinson, and Rachel Underhill for their win!

Congratulations to Julia Bent who has been awarded 2nd Place in the Remembrance Day Literary Contest—Provincial Finalists for 2011 in the Junior Poem Category. Julia was presented with a plaque and money prize by Legion Representatives.

Congratulations to these students who participated in the Babysitters Training Program at the Boys & Girls Club:

Zachary Boudreau, Shawn Doucet,
Lyndsay Whyte

Winners of the Scholastic Book Fair in the Library “Guess How Many in the Jar”? - Amanda Trevors—8L \$20 worth of books. (She guessed exactly right—86)!!
Lyndsay Jay-Keating—8B- \$25.00 worth of books for Lyndsay & \$25.00 worth of books for the classroom!

Harkins Middle School “Finalists” in the District 16 CUTE Awards held at JMH on February 15th

21st Century Learning (Middle School)

‘No Technology Day’ - Ms. Amy Barrieau; Ms. Astrid Miousse
‘Designing an Eco-Friendly Automobile’ -Ms. Amy Barrieau
‘OMGBacteries’—Jordan Power

Best Use of School Website—

‘Teacher Page’ - Mrs. Angela McQuaid Murphy

Digital Video

‘Teen Pregnancy’ - Ms. Kari Waye

Digital Audio Musical

*‘Beautiful Angel’ - Bethany Matchett

Animation

*‘Matt in the Hat’—Nicholas Surette

‘Nomeville’ - Jordan Mullin’

Digital Art

‘Nick Throws Will’ - Nicholas Surette

Photo Story

‘Les Anti Townies’—Bethany Matchett

‘Fish Hatchery’ - Mrs. Angela McQuaid Murphy

***SPECIAL CONGRATULATIONS TO WINNERS:**

“Matt in the Hat” - Nicholas Surette

“Beautiful Angel” - Bethany Matchett

‘Well Done Award’ goes to Patrick MacDonnell for being our ‘behind the scenes’ reporter for the CUTE Awards!

Check out these two presentations on the HMS Website at

<http://hms.nbed.nb.ca/>

TUTORIAL SCHEDULE

Green Team

Mrs. Donahue—Day 1, 2, 4 - (2nd lunch)—any students for extra help.

Mr. Menzies— Day 5 (12:25-12:55 p.m.)

Ms. Mitchell—Day 2 (12:25-12:55 p.m.) - PI French and/or Social Studies

Red Team

Ms. Beers—Day 3 and Day 4 at noon—Language Arts/Français

Mrs. Coughlan— Day 3, 4, and 5 from 11:55 to 12:25.

Mrs. Kingston—Math every Day 5 at 11:55 in Mrs. Kingston’s classroom.

Angela Murphy—Math/Science Day 4 at lunch and Day 2 during Student Enhancement.

Orange Team

Mrs. Hamilton—Day 4 - Math—First half of lunch

Ms. Verner—Day 4—Language Arts (Social Studies homework and/or assignments)—Second half of lunch.

Purple Team

Ms. Barrieau—Day 1 and 3—Student Enhancement (1:40-2:10 p.m.)

Ms. Richardson—Day 4 and Day 5—Student Enhancement (1:40-2:10 p.m.)

Ms. Waye and the members of the Tech Club submitted an excellent Lip Dub video for the CUTE competition, ‘Party Rock Anthem’. Members of the Tech Club are: Andrew Adams, Jayme Bell, Bailey Black, Drew Blackmore, Abigail Campbell, Michael Cormier, Spencer Daigle, Laura Dickinson, Trey Dunnett, Kenzie Hallihan, Nicole Hallihan, Dylan Howe, Jenna Kenny, Jessie Mahoney, Madison Matchett, Zachary Newman, Andrew Richardson, Britney Somers, Hayley Somers, Ian Watters, Spencer Waye, Alex Williston, Eric Woulds.

Guidance Counsellor, Mrs. Gilliss, coordinated Pink T-Shirt Day on Wednesday, February 29th. This is a day set aside to help make everyone aware of the negative effects of bullying and to show our support against it. **Bullying** is a form of abuse and is the number one non-academic problem in schools. **Bullying** is wrong and everyone needs to get involved to help stop it. **Bullying** is a learned behavior and it can be changed. Everyone has a right to feel safe. Always treat others the way you would like to be treated. Speak up and take a stand against bullying. Together we can make a difference. **189 students wore Pink on February 29th!**

Together we can make a difference to help eliminate bullying in our school. The first step is by being friendly towards others.



8:30-9:50 a. m.

March 16— Blue & Purple Teams

March 30— Green & Red Teams (Subject to Change!)



Skating Schedule for March

Dates to Remember

March 5—9	March Break - NO SCHOOL ALL WEEK!
March 19	HMS School Science Fair during Week of March 19th
March 20	Report Cards are sent home.
March 22	Parent-Teacher Interviews (4:30-6:30 p.m.)
March 23	Parent-Teacher Interviews (9-11:30 a.m.) PD for Teachers (p.m.) NO SCHOOL ALL DAY FOR STUDENTS.
March 29	District 16 Science Fair Middle/High School
April 3	HPV Needle for Grade 7 Girls
April 6	Good Friday NO SCHOOL ALL DAY FOR STUDENTS
April 9	Easter Monday NO SCHOOL ALL DAY FOR STUDENTS
April 20	Curriculum Day NO SCHOOL ALL DAY FOR STUDENTS
April 23-27	District 8 Language Arts Assessment
April 26	Heritage Fair at Harkins Middle School
May 3, 4	NBTA/Subject Council for Teachers NO SCHOOL ALL DAY FOR STUDENTS
May 17	Turnaround Achievement Awards at the RODD
May 21	Victoria Day NO SCHOOL FOR STUDENTS ALL DAY
June 22	<u>LAST DAY FOR STUDENTS</u>

Pizza Roll-Up Lunch

Easy pizza-inspired roll-up is a kid-pleaser. Make crunchy vegetables more appealing by selecting colorful varieties like green broccoli or celery, white cauliflower or orange carrots—and don't forget the dip! Keep 'em smiling with watermelon cut into fun shapes with cookie cutters. 1 serving/15 minutes.

Ingredients:

- 1 8-inch whole-wheat flour tortilla
- 2 tablespoons prepared pizza sauce
- 12 leaves baby spinach
- 3 tablespoons shredded part-skim mozzarella
- 1/2 cup cucumber spears
- 1/2 cup cauliflower florets
- 2 tablespoons low-fat creamy dressing, such as ranch
- 1 cup small watermelon pieces or other fruit
- 6 chocolate wafer cookies

Preparation:

1. Place tortilla on a plate and spread pizza sauce over it. Top with an even layer of spinach and sprinkle cheese on top. Microwave on High until the cheese is just melted, about 45 seconds. Carefully roll the tortilla up. Let cool for 10 minutes before slicing into pieces, if desired. Pack the slices in a medium container.
2. Pack vegetables in another medium container. Nestle a small, dip-size container among the vegetables and add dressing.
3. Pack fruit in one small container and cookies in another small container.

Tip: Cover and refrigerate the roll-up for up to one day. You may also choose a container with multi-sections so you can pack everything together.



Celebrate food...from field to table. This year's Nutrition Month campaign focuses on a celebration of food, right from where it's grown and harvested, all the way to appetizing and healthy food on our tables. It's a chance to celebrate all aspects of healthy foods in NB and in your community. **Looking for ideas for Nutrition Month events?**

- Organize a winter hike or ski, snow-shovelling contest, snowshoe race, sledding party, walk, or jog. Finish off your event with a healthy potluck

featuring **healthy recipes** and **local ingredients**.

- Hold a family recipe competition and encourage participants to analyze their recipes with Dietitians of Canada's **Recipe Analyzer**. Invite the media to attend and showcase the event.
- With a group of students, plant fresh herbs or lettuce in pots in early March, which will be ready for harvesting in late March; plan to cook with what you grow.
- Encourage community members to ask their grocery store(s) to carry more regional foods.
- Ask local health clubs, stores and restaurants for permission to leave copies of Nutrition Month resources in public areas.
- Send out weekly tips, recipes and other info to your community, partners, and media contacts.

There are lots of more ideas at:

Dietitians of Canada

- Activity ideas.
- Downloadable consumer fact sheets.
- Interactive "Where is it grown?" game
- Recipe analyzer.
- ...and much more.

Dairy Farmers of Canada

- Information.
- Tips and recipes.
- Downloadable nutrition month materials.

Buy local NB

- Find foods, farm markets, farm tours and even restaurants in your area that offer local foods.



The Varsity Boys finished 1st at the District Championships, taking home the Boys Tier 1 Banner. In their first game, they defeated Nelson by a score of 44-14. This win put the boys in the Championship Game against cross river rivals, Dr. Losier. The Blues then defeated Dr. Losier 63-25 in the Finals. On Saturday, Feb. 4th, the boys defeated Dalhousie in a North Shore League Game. In the North Shore championships played in Campbellton on February 11th, the boys advanced to the Final winning their first 2 games over Place des Jeunes and Superior but came up just short of the win for 1st place being defeated by Campbellton Middle 64-59. Thanks to Mr. Jim Watters for coaching the boys once again this season!

MIRAMICHI COMMUNITY RECREATION DEPARTMENT ACTIVITIES

Every Thursday until April 5th at the Lindon Recreation Center
5:30—7:00 p.m.

All girls from Grades 3 to 8 welcome to participate!
“Girls on the Move” is a fun, non-competitive fitness program that encourages young girls to be active! No experience required, just the ability to have fun!

Weekly prizes and t-shirt giveaway!

A partnership with NBCC-Miramichi Youth Care Worker Program
Minimal Cost: \$3/weekly drop-in fee. For more info: 623-2054.

March Break Activities

Tuesday, March 6th—Golden Hawk Recreation Center

10:00 a.m. to 3:00 p.m.—Ages 8-13 years

Events:

10:00 a.m.-12 noon	Archery (11, 12, 13 years)
10:00 a.m.-12 noon	Bowling (11, 12, 13 years)
10:00 a.m.-12 noon	3 on 3 Basketball (8, 9, 10 years)
12 noon—1:00 p.m.	Pizza and Pop
1:00 p.m.-3:00 p.m.	Swimming
1:00 p.m.-3:00 p.m.	Open Activities (Gym)
1:00 p.m.-3:00 p.m.	Teen Room (ping pong, pool, etc.)

Cost: \$5/participant—register at the door.

For more information, please contact the City of Miramichi Community Wellness & Recreation Department at 623-2300.

Youth Floor Hockey Tournament

Wednesday, March 7th—Golden Hawk Recreations Center

9:00 a.m. to 5:00 p.m.

2 Divisions: Grades 4-6 and Grades 7-9

5 players per team (4 players/1 goalie) Each Team guaranteed 3 games.

Lunch will be provided...Prizes awarded....\$5.00 per player.

Get your Team of 5 together now!!

For more information or to register a team, contact
Jason Walsh at 623-2054. Register early...space is limited in each division.

The Junior Varsity Girls finished with a 5 and 1 Win/Loss record, defeating Blackville in final District regular season play on February 6th. JV Girls finished in 3rd place in the Finals in Blackville on Feb. 27th. In Zone Championships, the girls played a hard-fought game against Millerton to be defeated by a 3-point spread. Well Done Girls!

Olympian, Vicky LeBlanc, visited Harkins Middle School to speak to the students on the value of hard work and setting goals. Vicky is from Campbellton, NB and is an Inductee in the NB Sports Hall of Fame 2009; Olympian—Sydney 2000 Olympic Games; and Silver Medalist—1999 Pan American Games. Each year the Vicky LeBlanc Award is given to a New Brunswick female softball player in Vicky’s honour.

Parents/Guardians Please Take

Note

“Blue News Ticket to Win”!!

Once you and your son/daughter have read this newsletter, please sign the ticket, cut it out, and have your child return it to her/his Homeroom Teacher by Wednesday, March 14th. One lucky ticket will be drawn for a movie pass.

**My child and I have read the
March Issue of Blues News.**

Student’s Name: _____

Signature of Parent/Guardian:

Congratulations to Katie Carruthers who is our February winner of the Blues News Movie Pass!