

Miramichi RJT 12 Challenges Schedule 2014

	K-2			Grades 3-6		
Week 1	Bears	Cougars	Cheetahs	Lions	Wolves	Tigers
6-6:20pm	Sprints	Shot put	Standing long jump	Long jump	Javelin throw	Relay
6:20-6:40pm	Standing long jump	Sprints	Shot put	Relay	Long jump	Javelin throw
6:40-7pm	Shot put	Standing long jump	Sprints	Javelin throw	Relay	Long jump

Week 2	Bears	Cougars	Cheetahs	Lions	Wolves	Tigers
6-6:20pm	Long jump	Javelin throw	Relay	Sprints	Shot put	Standing long jump
6:20-6:40pm	Relay	Long jump	Javelin throw	Standing long jump	Sprints	Shot put
6:40-7pm	Javelin throw	Relay	Long jump	Shot put	Standing long jump	Sprints

Week 3	Bears	Cougars	Cheetahs	Lions	Wolves	Tigers
6-6:20pm	High jump	Hurdles	Discus throw	Cross-country	Triple jump	Agility
6:20-6:40pm	Discus throw	High jump	Hurdles	Agility	Cross-country	Triple jump
6:40-7pm	Hurdles	Discus throw	High jump	Triple jump	Agility	Cross-country

Week 4	Bears	Cougars	Cheetahs	Lions	Wolves	Tigers
6-6:20pm	Cross-country	Triple jump	Agility	High jump	Hurdles	Discus throw
6:20-6:40pm	Agility	Cross-country	Triple jump	Discus throw	High jump	Hurdles
6:40-7pm	Triple jump	Agility	Cross-country	Hurdles	Discus throw	High jump

