



Join the Wellness Movement! All around the province, communities, groups, workplaces and schools are celebrating wellness by hosting and participating in activities that support physical activity, mental fitness and resilience, healthy eating, and/or tobacco-free living.

We are challenging you! Organize a wellness activity with your group, community, workplace or school and register it at wellnessnb.ca for a chance to **WIN!**

Up to \$20,000 in Prizes available to be won!

So get on the ball. Go to **wellnessnb.ca** and register today. Because when it comes to wellness, the ball's in your court!

 WWW.WELLNESSNB.CA